

JOSEPH M. MANNION
(Abbreviated selections from Curriculum Vitae)

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Citizenship: USA (birth), Ireland (descent)

■ **EDUCATION**

- Master of Science* **Georgia Southern University** Statesboro, GA, USA
Emphasis: **Sport Psychology** (August 2003)
Thesis: The predictive utility of competitive trait anxiety, social support, and daily hassles for athletic injury. Chair: Charles Hardy, PhD. Adviser: Kevin Burke, PhD.
- Graduate Study Abroad* **Victoria University of Technology** Melbourne, Australia
Emphasis: **Sport Psychology** (Fall 2001, Fall 2002)
Supervisors: Mark Andersen, PhD, & Harriet Speed, PhD.
- Bachelor of Science* **Texas Christian University** Ft. Worth, TX, USA
Major: **Psychology** (May 1998)
Minor: **Religion** (18 Credit Hours)

■ **ACADEMIC APPOINTMENTS**

- 2009 – Present* **Logan College** St. Louis, MO, USA
Instructor, Master’s Program in Sports Science & Rehabilitation:
Responsible for teaching Psychology of the Athlete, an introduction to the history, theory, and practice of sport psychology, with special attention to the psychosocial aspects of athletic injury rehabilitation.
- 1999 – 2001* **Georgia Southern University** Statesboro, GA, USA
Graduate Teaching Assistant: Awarded an assistantship with full tuition waiver and stipend. Taught 21 health and fitness classes to approximately 500 undergraduate students over four semesters.

■ **SELECTED PROFESSIONAL PRACTICE**

- 2006 – Present* **AllWorld Performance, LLC** St. Louis, MO, USA
Principal: Serving the performance, enjoyment, and well-being enhancement needs of athletes, coaches, parents, performing artists, executives, and entrepreneurs. Recent work includes Youth Education through Sport (in conjunction with the NCAA Hockey Championship), a pharmaceutical exec, the St. Louis Triathlon Club, and Home Depot.
- 2006 – 2007* **YMCA (West County Branch)** St. Louis, MO, USA
Instructor, Meditation Class: Developed and taught two 7 week courses (Meditation I & II) on mindfulness and insight meditation.
- 2002* **Victoria University of Technology** Melbourne, VIC, Australia
Sport Psychology Practicum: Elective graduate training in sport psychology, Buddhist psychology, and further psychodynamic training.

2001 **Melbourne International Tennis School** Melbourne, VIC, Australia
Sport Psychology Practicum: Elective sport psychology training and psychodynamic supervision with Mark Andersen, PhD, and Harriet Speed, PhD. Responsible for sport psychology service delivery at MITS to junior elite tennis players.

2001 **Georgia Southern University** Statesboro, GA, USA
Sport Psychology Practicum: A semester of practice under the supervision of Kevin Burke, PhD, with clientele including the Golf Team, a recreational golfer, and an injured member of the Cross-Country Team.

■ BOOKS

Mannion, J. (In progress). [Working title] *Undeclared: Iraq's elite athletes tell their stories*. Anticipated completion by 2011.

■ BOOK CHAPTERS

Andersen, M. B., & **Mannion, J.** (In press). If you meet the Buddha on the football field – tackle him! In D. Gilbourne & M. B. Andersen (Eds.), *Critical essays in sport psychology*. Champaign, IL: Human Kinetics.

■ REFEREED PUBLICATIONS

Mannion, J., & Blakeley, M. (In progress). A paper examining psychosocial aspects of the torture and diaspora of Iraqi athletes under Uday Hussein, including issues of post-traumatic stress.

Andersen, M. B., & **Mannion, J.** (In progress). A sport psychology paper on mindfulness based performance and well-being enhancement.

■ SELECTED NON-REFEREED PUBLICATIONS

Mannion, J. (2007, March). Raising healthy child athletes: The “good-enough” coach and parent. *Swim Bike Run St. Louis*, 20.

Mannion, J. (2006, November). When it hurts too bad to play: The psychology of injury and rehab. *Swim Bike Run St. Louis*, 10-11.

Mannion, J. (2006, August). Sport psychology: What it is, what it isn't, and how it may be helpful. *Swim Bike Run St. Louis*, 20.

■ SELECTED CONFERENCE & UNIVERSITY PRESENTATIONS

Mannion, J. (2009, September 17). “I was an athlete, too”: *Sport psychologist self-disclosure in the service of the therapeutic relationship*. Annual Conference of the Association for Applied Sport Psychology (Proceedings, p. 122), Salt Lake City, UT, USA.

Mannion, J. (2008, September 27). *Raising healthy child-athletes: The “good-enough” parent and coach*. Annual Conference of the Association for Applied Sport Psychology (Proceedings, p. 39), St. Louis, MO, USA.

Mannion, J., Blakeley, M., Ahmed, R., Mansour, E., & Mansour, A. (2008, September 27). *The torture and diaspora of Iraqi athletes under Saddam Hussein's regime*. Annual Conference of the Association for Applied Sport Psychology (Proceedings, p. 22), St. Louis, MO, USA.

Mannion, J. (2002, October 20). *Homophobia in sport: A conference conversation*. National Conference of the Australian College of Clinical Psychologists, Australian Institute of Sport, Canberra, NSW, Australia.

Mannion, J. (2001, October 4). *The stress-injury relationship: Anecdotes, research, and interventions*. National Conference of the Australian College of Clinical Psychologists, Canberra, NSW, Australia.

■ SELECTED UNIVERSITY & PUBLIC SERVICE

- 2005 – 07 **Family Lifestyle Intervention Plan (FLIP)** St. Louis, MO, USA
Physical Activity Interventionist / Program Leader: Exercise and discussion leader for two 9 month clinical pilot studies on behavioral, family-based weight loss, led by Rick Stein, PhD, at Washington University, Medical Campus.
- 1998 **The Warm Place Grieving Center** Ft. Worth, TX, USA
Grief Facilitator: Completed a 7 week training series and co-led bi-weekly sessions for adolescents who lost a parent or sibling.
- 1992 – 95 **Kids Under Twenty-One (KUTO)** St. Louis, MO, USA
Certified Crisis Worker Plus: Completed over 100 hours of suicide and crisis hotline training. Answered calls 3 hours a week for 3 years. Also elected to Planning Board and qualified to train new workers.

■ SELECTED PROFESSIONAL AFFILIATIONS

Association for Applied Sport Psychology, professional member
Australian College of Clinical Psychologists, past affiliation
Australian College of Sport Psychologists, past affiliation
International Society of Sport Psychology, member

■ SELECTED HONORS & AWARDS

- Georgia Southern University* Teaching Excellence Award
- Texas Christian University* Creation of the “Joe Mannion Achievement Award”
Psi Chi, National Psychology Honor Society
Who’s Who Among American Colleges & Universities
Order of the Lamp, National Pi Kappa Phi Academic Honor Society

■ SELECTED ATHLETIC EXPERIENCES

- 2011 Plans to do Ironman Lanzarote (2.4 mi swim, 112 mi bike, 26.2 mi run; Canary Islands, Spain)
2001 St. Croix Half-Ironman Triathlon, finisher
1997 and 1998 Dallas White Rock Marathon, finisher
1995 – 97 United States Tae Kwon Do Union (USTU) National Championships, qualified
1995 Black Belt and Missouri State Champion (USTU), Tae Kwon Do

■ SOFTWARE PROFICIENCIES | MEDIA EXPERIENCES | REFERENCES

See Curriculum Vitae.